

## Community Resources

### 211 Texas

Call 211 for local resources, information, and referrals for all local community resources and programs.

Alternative number: 817-258-8100

#### Child/Adult Protective Services (CPS/APS)

800-252-5400

Call to report child/adult abuse.

#### Fort Worth Public Health Department

817-871-7200

Low-coat immunizations, nutrition classes, and birth and death certificates.

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### MHMR of Tarrant County

#### I-CARE Call Center

817-335-3022

24-hours assistance to individuals in crisis for information and referral for mental health services.

#### Mental Health Warrants

817-569-5294

#### Addiction Services

817-569-4600

Detoxification for adults; short term adult and male adolescent residential treatment and adult and adolescent outpatient counseling.

#### IDD Services

817-569-4000

Support for individuals with intellectual and developmental disabilities (IDD.)

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#### Social Security Administration

1-800-772-1213

Application for disability, retirement and summary of earnings and social security benefits.

#### Health and Human Services (Food Stamps)

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Medicaid, food stamps, and TANF.

#### Department of Assistive & Rehabilitative Services (DARS)

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Evaluation for physical or mental disability.

### Transportation Services

The T : 817-215-8600

MITTS : 817-332-4444

NETS : 817-336-8714

## Psychiatric Services

#### Cook Children's Medical Center

682-885-4000

Outpatient behavioral health and medical services provided to children ages 3 through 17 years.

#### JPS Psychiatric Emergency Care

817-927-4151

Provides emergency psychiatric services 24 hours a day.

#### JPS Health Network

817-927-3636

Psychiatric facility for crisis stabilization, short-term treatment and family education.

#### Private Psychiatric Hospitals

Texas Health Springwood

817-355-7777

Texas Health Huguley

817-293-9110

Millwood Hospital

817-261-3121

Perimeter Hospital

817-662-6341

Mesa Springs

817-292-4600

## Substance Abuse Resources

#### MHMR Addiction Services

817-569-4600

#### Recovery Resources Council

817-332-6329

#### StartYourRecovery.Org

Provides helpful information for people who are dealing with substance use issues.

## Benefits Assistance

#### My Texas Benefits Bank

Provides assistance to clients with the application process for: Food Stamps (SNAP), Medicaid, Temporary Aid to Needy Families (TANF), and Children's Health Insurance (CHIP.)

Provides assistance for individuals

who want to enroll in the Marketplace for Affordable Care Act.

3136 W. 4th St.

Fort Worth, TX 76107

917-569-4779

# CHANGING LIVES

## LAW ENFORCEMENT

### Working Together



# Keller Police Department

## Behavioral Intervention Team (BIT)

BIT offers education, support,

and resources to those affected

by mental illness.

## Shelter

### Arlington Life Shelter

817-548-9885  
dial ext. 18 after 5 p.m.  
Short-Term shelter for individuals and families  
in the Arlington area  
**Check-In at 4 p.m.**

### Fort Worth Housing Authority

817-336-2419  
Section 8 program - a rental subsidy for eligible  
clients in Fort Worth

### Housing Assistance

817-531-7640  
Section 8 program - a rental subsidy for  
eligible clients in  
Tarrant County.

### Presbyterian Night Shelter

817-632-7400  
A safe non-threatening environment for  
homeless individuals with mental illness.

### Safe Haven Shelter

877-701-7233  
Arlington  
817-460-5566  
Short-term temporary shelter and counseling  
for women due to domestic violence or abuse.

### Salvation Army In Fort Worth

817-344-1800  
Provide Rehabilitative/counseling services.

### Union Gospel Mission

817-339-2553  
(men and women)...817-332-6908

### Flag Building

at 1100 E. Lancaster 682-707-5302  
All individuals in need of shelter

## Food

### Tarrant Area Food Bank

Dial 211  
Referrals to food pantries/resources.

## Veterans/Service Members

### WoundedWarriorProject.Org

888-997-2586  
Wounded Warrior Project is a charitable organization  
that helps veterans and active duty service members.

### 22kill.com

### AlliesinService.ORG

Provides employment support and referral services  
to service members, veterans, and their spouses.

### TexVet.ORG

TexVet at Texas A&M is a state program for Texas' service  
members, veterans, families, and those that serve them.

## Advocacy/Counseling/Support

### Advocacy, INC

817-336-0072  
Advocates for the protection and legal rights  
of people with disabilities.

### ARC of Greater Tarrant County

817-877-1474  
Provides support, training, and advocacy for  
individuals with intellectual and developmental  
disabilities and their families.

### Catholic Charities

817-534-0814  
Provides counseling and a variety of community  
program services.

### Depression & Bipolar Support Alliance (DBSA)

24 hours... 817-654-7100  
Provides support and educational information on  
depressive and bipolar illnesses/diseases

### Depression Connection Team

817-810-9599  
Provides seminars, information/referral resources,  
support services, and follow-up.

### Easter Seal Society

817-332-7171  
Provides services, education, outreach, and advocacy  
for individuals with autism spectrum disorder  
and other disabilities.

### Lena Pope Home

817-255-2652 or 817-731-8839 for 24 hr. hotline  
Provides group and individual counseling for families  
in Arlington, Fort Worth, and Hurst.

### Mental Health Association of Tarrant County (MHA)

817-335-5405  
Advocacy services, peer support, various  
support groups, information and referral  
for people with mental health questions.

### The Warm Line at MHA of Tarrant County

817-546-7827 or 817-546-7826  
Confidential telephone support for non-crisis issues  
and a safe way to make contact with proactive  
peers in recovery.  
Monday-Friday 1 p.m. - 5 p.m. (Spanish: M, Th, F)

### National Alliance Mental Illness (NAMI) Tarrant County

817-332-6677  
Provides advocacy, support, and  
educational programs for individuals  
and families affected by mental illness.

### Alcoholics Anonymous Ft Worth Central Office

817-332-3533

### Parenting Center

817-332-6348  
Provides counseling and a variety of community  
resources and services.

### Parenting Advice Line (PAL)

817-332-6399  
A resource for parenting questions, clinical counseling,  
case management, and educational information  
on parenting issues.

### Women's Center of Fort Worth

817-927-4000  
Counseling, employment services, advocacy,  
and public awareness programs.

### OneSafePlace

817-916-4323

### Trauma Support Services

817-378-7158  
Free for victims

## Counseling Resources

### Agape Christian Counseling

Bedford  
817-283-1420

### Community Enrichment Center

North Richland Hills  
817-281-1164 X133

### Family Matters Counseling: All Ages

Arlington  
817-255-2652

Fort Worth  
817-255-2652

HEB  
817-255-2652

### Jewish Family Services

817-569-0898

### Opportunities Counseling Center

817-360-2983 (Spanish available)

### Southcliff Baptist Church

817-924-2241

### Glick House

817-531-4859  
Provides individual, marriage/family counseling.

### Rape Crisis Hotline

817-927-2737

### National Suicide Prevention Lifeline. Call 24/7

1800-273-8255 (TALK)

### Crisis Text Line

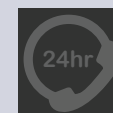
Text START to 741741

### Veterans Crisis Line

1800-273-8255 and Press 1

### Compassion Hot Line

1-866-649-9641



## ICARE Call Center

817-335-3022 local 800-866-2465 toll free